The Significance Application of Indigenous Phytohemagglutinin (PHA) Mitogen on Metaphase and Cell Culture Procedure

Abolfazl Movafagh\textsuperscript{a}, Hassan Heydary\textsuperscript{b}, Seyed AbdolReza Mortazavi-Tabatabaei\textsuperscript{c}, and Eznollah Azargashb\textsuperscript{d}

\textsuperscript{a}Department of Medical Genetics, Shahid Beheshti University of Medical Sciences, Tehran, Iran. \textsuperscript{b}Department of Medical Anatomy, Shahid Beheshti University of Medical Sciences, Tehran, Iran. \textsuperscript{c}Proteomics Research Center, Faculty of School of Paramedical Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran. \textsuperscript{d}Department of Medical Health Community, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

Abstract

Phytohemagglutinin (PHA) is a lectin, obtained from the red kidney bean that binds to the membranes of T-cells and stimulates metabolic activity, cell division, etc. The object of this research was the comparison between self made PHA (Indigenous) and imported commercial one, following conventional and High Resolution Cell Synchronization technique (HRCS). From each blood sample of healthy individual donor replicate cell culture with two different PHA (self-made and commercial imported) with same concentration were cultured simultaneously. For culture cells, $3.5 \times 10^6$ cells were cultured in 4 mL medium (RPMI 1640 supplemented with 15 per cent heat inactivated fetal bovine serum, 0.1 mL Phytohemagglutinin was added and kept at 37°C in an atmosphere containing 5% CO\textsubscript{2}. The processing of mitotic division from 48 h and 72 h cultures was performed according to the standard and High Resolution Cell Synchronization technique. Cytogenetic studies were performed in 100 normal healthy blood donor individuals. Statistical analysis was performed by SPSS (version 16, Inc. USA) software. Our results indicate that the preparation of fresh Phytohemagglutinin at the time of cell division and cell culture procedure reveals satisfactory score. The overall frequency of mitotic index in our study was better when compared with commercial imported Phytohemagglutinin ($p < 0.001$). The significant differences in the results may be due to fresh preparation. However, cost effective, easy and nearest approach of this indigenous product and high demand for this product among health care services can be considered.

Keywords: Application; Cell culture; Indigenous; Mitotic index; Phytohemagglutinin (PHA).

Introduction

Phytohemagglutinin (PHA), the lectin extract from the red kidney bean (Phaseolus Vulgaris), contains potent, cell agglutinating and mitogenic activities (1). The subunits of PHA are of two different types, designated leucocyte reactive (L) and erythrocyte reactive (E). L has a high affinity for lymphocyte surface receptors but little for those of erythrocytes and is responsible for the mitogenic properties of the isolectins. The E is responsible for the erythrocyte agglutinating properties. Phytohemagglutinin-P is the protein...
form and PHA-M is the mucoprotein form of these isolectin (2).

It is assumed that there exist some individual differences in response to PHA and the limitation of only T-lymphocyte stimulation by PHA (3). Therefore, Pokeweed mitogen (PWM) which was known to stimulate T and B-lymphocytes, and some other mitogens such as Concanavalin A (Con-A), lipopolysaccharide (LPS), Wheat Germ Agglutinin (WGA) and Soybean Agglutinin (SBA) were used and compared on their mitotic stimulating effects in single use and also combined use of these mitogens (Figures 1-6) (4). One of the mitogens, phytohemagglutinin (PHA), has been widely used for the purpose of mitotic stimulation to human lymphocytes, and several different types of PHA, such as PHA-P, M, W and others were compared on their ability to induce mitoses and presented by other workers (5-10). In addition to the growing knowledge of lectins is mammalian lectin is dectin-1, αβ-glucan receptor, is identified by Gordon and Brown (11). A new type of plant root lectin is found in different leguminous plants but not in plants of different family (12).

Phytohemagglutinin has the potential to induce closer contacts between adjacent cell membranes; it is an N-acetylgalactosamine/galactose sugar-specific lectin with wide variety of biological activities (13). Phytohemagglutinin has been successfully used for membrane-induced fusion in human oocytes (14), bovine oocyt (15), and caprine oocytes (16). It was the first direct evidence for the involvement of bacterial lectins in the initiation of infection, the basis for the present attempts in academia and industry to apply carbohydrates for anti-adhesion therapy of such diseases reviewed by Mulvey and et al (17).

Since the development of convenient methods of culturing peripheral blood leukocytes (18) in the early 1960s, the study of human chromosomes has been a rapidly advancing, exciting field. Earlier attempt was made to analyze human and other mammalian chromosomes utilized tissues, such as bone marrow and testicular tissue, in which cells in division were present. These investigators tried to adapt plant chromosome methodology to the study of human tissues but were largely unsuccessful. Frustration occurred due to the large number of chromosomes in the human complement, meaning they could not be spread out and separated enough to visualize the entire complement of one cell. For the automation of human chromosome analyses, the accumulation of enormous number of mitoses is thought to be a great advantage (19-29).

In addition to the well established effect of

![Figure 1. Comparison between ConA and PHA-L.](www.SID.ir)
The Significance Application of Indigenous Phytohemagglutinin

PHA on mitotic stimulation, and also based on the current literature, the advantages of PHA agent would indicate the potential sources for developing novel pharmaceutical preparation. However, reports on the culture condition of human lymphocytes including the stimulating condition by mitogens was examined in detail, were quite limited; likewise, the purpose of the present study is to establish the most appropriate condition in mitotic stimulation to human lymphocytes.

The PHA-L tetramer is shown on the left, the ConA tetramer is shown on the right. The left dimers in both tetramers have the same orientation to emphasize the difference in dimer-dimer packing between PHA-L and ConA. The central channel running between the two dimers in PHA-L is clearly visible.

The 2-fold axis is approximately positioned in the center of the Figure. As in PHA-L, the side chains of 2 Ser (Ser-191 and −187) and 1 Ile residue (Ile-189) intercalate. The main difference with PHA-L is the substitution of Lys-184 in PHA-L by Arg-185 in SBA. The Arg-185 is involved in an additional hydrogen bond with Asp-192. The six hydrogen bonds (Arg-185A O-Ser-191C OG, Arg-185A NH1-Asp-192C OD1, Ser-187A OG-Ser-191C OG, Ser-191A OG-Arg-185C O, Ser-191A OG-Ser-187C OG, Asp-192A OD1-Arg-185C NH1) across the interface are visualized as dashed lines.

Experimental

We studied 100 either sex adult normal in order to determine simultaneous effect of two different mitogens for cell division and

Figure 2. A stereo figure of the dimer-dimer interface in the SBA tetramer.
karyotype procedure. Of them 62 were males and 38 were females. The age of these normal control-blood donors at the time of cell division ranges from 19 to 65 years old. The experiment was evaluated at Tehran during the year 2004-2010. The samples were taken from the normal individuals with their consent. Their personal information was kept confidential. No medicines or drugs were taken by this group for at least one month prior to sampling. Also, those suffering from genetic disorders, cancers, chronic and acute leukemia, syndromes, current viral infections, general or dental X-rays more than a month were excluded from the study; they also had no recorded overexposure in their personnel medical documents.

Figure 3. A stereo figure of the dimer-dimer interface in the SBA tetramer.

Figure 4. A view from the center of the molecule to the dimer-dimer interface on the putative adenine binding site between dimers A and C.
In each sample, 0.5-1.0 mL Peripheral blood (PB) was obtained from each individual. For culture purposes, 3-5 × 10^6 cells were done so in 4 mL medium (RPMI 1640, Gibco-BRL Grand Island, NY, USA) supplemented with 20 per cent heat inactivated fetal bovine serum (Gibco-BRL Grand Island, NY, USA) and the total preparation of Phytohaemagglutinin (5 µL/mL according to the manufacture description), also 5 µL/mL Phytohaemagglutinin with similar concentration was prepared by own in research laboratory at 37°C in an atmosphere containing 5% CO₂. Briefly, the cultured cells were then treated with Colcemid (Gibco-BRL Grand Island, NY, USA) final concentration, 10 µg/mL and incubated at 37°C for an additional 20-60 min. The contents of the tube were then centrifuged for 10 min at 1000 rpm, re-suspended in 10 mL of 75 mM KCl (0.56%), and pre-warmed to 37°C for 20 min. At this stage, 1 mL of Carnoy's Fixative (3:1 methanol: acetic acid) was added in to the tube, and this fixation step was repeated four times. Ten slides were prepared for each culture and stained for 5 min with Giemsa. Slides were examined with an Olympus model BH-2 light microscope. Experimental examinations of mitotic division were described according to ISCN (30).

### Statistical analysis

The data of MI on slides were pooled after performing the t-test and the statistical differences yielding p < 0.05 were considered significant. The data of mitotic index (MI)
analysis was performed by SPSS (version 16, Inc.USA) software.

**Results and Discussion**

This series of 100 normal individual blood donors could be grouped into two experiments (A and B) replicate categories according to the nature of two different mitogen cell division treatments. Two different mitogens viz, self made indicated as Exp-A and commercial imported designate as Exp-B were used simultaneously for cell division.

Slides for either of the experiments were coded and randomized prior to scoring for MI. Consecutive metaphases on blind selected slides per replicated preparation were scored whether or not; they were suitable for full analysis. Well metaphases spread on two to five slides from each of two experiments cell culture (replicate) with different stimulated cell division were scored. In five cases no outgrowth was obtained, hence substituted with another five normal blood sample (cases) was prepared with fresh simultaneous mitogens treatment.

Generally, chromosome preparation obtained from Exp-A exhibited higher mitotic activity than Exp-B individual culture preparation of commercial mitogen material as shown in Figure 7. Almost, no consistent differences for MI were observed between Exp-A and Exp-B for 8 (8%) cases. Proportions of mitotic index revealed according to the treatment of both experiments are summarized in Figure 7. Seventy-three percent (73%) of the preparation was harvested after 3 days (72 h) and the remaining twenty seven (27%) cell culture preparation arrested at 48 h. This application of alternative treatment has been followed by standard and conventional method in accordance with ISCN for firm conclusion.

Taking into account all the results, some differences were found between two experiments, notably, in Exp-A, 9 (9%) individuals had > 300 MI; 6 (6%) individuals had > 200 < 300 MI; 8 (8%) individuals had > 100 < 200 MI; 26 (26%) individuals had < 100 MI.

In Exp-B; no (0%) individuals had > 300 MI; 10(10%) individuals had > 200 < 300 MI; 12 (12%) individuals had > 100 < 200 MI; 27 (27%) individuals had < 100 MI.

The results of Exp-A, were as follows: the mean value of the MI is significantly greater, 135.77, whereas in the Exp-B it is 102.16 (t = 5.178, df = 99, p < 0.001) (Figure 7). The differences were significantly increased during the 72 h of application with respect to 48 h for both Exp–A and B (p < 0.001) (Figure 8). However, the differences were not significant for distribution of gender between two experiments (A and B), (p < 0.007). The differences were also significant between Exp A and Exp B at 72 h (p < 0.001) (Figure 9). The frequency of Exp-A and Exp-B did not show any significant difference (p = 0.510) at 48 h (Figure 10).

Many line of evidence have demonstrated the role of PHA with wide variety of biological activities such as mitogen stimulation of lymphocytes and agglutination of cancer cells, the role of various glycosyltransferase in the pathogenicity of cancer cells (30), fusion of mammary gland epithelial cells into enucleated
oocytes in caprine, bovine, goats (14-16). Lectin precipitation using Phytohemagglutinin are considered as a candidate biomarkers for colorectal cancer discovery (31). PHA skin test is an easy and a reliable method to affect the immune response of surgical patients; it has many advantages above the commonly employed primary and secondary antigens (32). Insulin, like growth factor-1, promotes cord blood T-cell mutation and inhibits its spontaneous and Phytohemagglutinin induced apoptosis through the down regulation of Fas expression (33).

The present work confirms and extends our previous findings that most normal control cases revealed well spread MI when self-made mitogenic product were used as a normal control with comparison of mitotic index in malignant diseases (34).

Cytogenetic findings in hematologic malignancies are useful for their diagnosis and prognostic value. Generally, those samples with low cell counts fail to produce sufficient metaphases for accurate diagnosis. Even when cultures are successful, the chromosomes are often highly contracted, and the metaphases spread can be of low quality (24). On the basis of present investigation significant differences (p < 0.001) between Exp A and B for MI were found through applying simultaneous treatment of both mitogen reagents. It is reasonable to state that this variation is a sufficiently significant reason to use application of indigenous product than imported commercial PHA mitogen. Moreover, with the improved MI obtained from this procedure presented here, a more precise identification of chromosomal abnormalities in routine laboratory diagnosis and neoplasia is possible.

Furthermore, it is sensible to state that lectins are believed to act as modulations of cell substratum interactions and to be essential for the normal differentiation and growth of all multicellular animals. They are capable of inducing cell proliferation, cell arrest, or apoptosis (physiological cell death) and have been implicated in organ morphogenesis, tumor cell metastasis, leukocyte trafficking, skin test for immunological assessment response, and inflammation, as well as recognition of extracellular matrix (3).

Our attempts to develop a self prepared PHA have led us to the following conclusions. The fresh preparation of indigenous PHA mitogen we have used to identify chromosome preparation for normal as well as other malignancies are superior to other imported commercial product due to indigenous, more metaphases scores, freshness, cost effective, easy and accessibility. Briefly, in our country the challenge for the biotechnology and therapeutic product as a profession is in initial stages compared to the developing countries, although the results of this study has revealed a high demand for this product among health care and clinical dimensions. However, additional experiments are necessary to establish the most appropriate condition in use of different mitogens for metaphase and cell stimulating preparation.

Acknowledgments

This study was financially supported and
approved by institutional review board of research deputy, Shahid Beheshti University of Medical Sciences, Tehran Iran, (Approval No. 3/712-3/2607-7012). The authors wish to thanks Dr. Fariboorz Rashid, Alberta Medical University Canada and Dr Hemad Yassaei Auxbridge Medical University, London, for collaboration and editorial assistance. Also the authors are thankful of Miss Niloofar Safavi for excellent technical assistance. The authors declare that they have no conflict of interests.

References


This article is available online at http://www.iipr.ir