Environmental Assessment of Buildings Through HQE® Method; Case study: a Three-Story Residential Apartment in 5th District of Isfahan

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Received: June, 2010  Accepted: Feb., 2011

Introduction
How could we insert the concerns of sustainable development to the fields of architecture and urbanism? What are the characteristics of a sustainable project of architecture or urbanism? How could we define the degree of sustainability? These are the questions to which we are trying to find a response, through the method of HQE®. At first, we have to be aware about the nature of "relativity" of sustainability. It is accepted that sustainability is not attainable in its absolute aspect. In this point of view, the example could be utopian and unreal, where everything is perfect and ideal. Usually the degree of sustainability is defined according to a comparison with another case or a defined level of performance. To do so, we need to develop an evaluation system with criteria and indicators which allow us to have a basis of judgment for the case study.

In order to define the degree of sustainability we need to develop a set of indicators. An indicator is a device that provides specific information or a sign that shows the state of something. Usually, indicators are known in two forms: measurable indicators, such as energy consumption, atmospheric pollution or noise pollution. These indicators have often a quantitative nature as percentage, note, number, grade, GPA, and scores. Qualitative indicators show characteristic of something or someone in such a way that is not measurable as quantitative indicators. This type of indicators usually focuses on environmental operations and functions and a kind of prescription. Thereby, these indicators focus on the level of attention to the functional requirements (example: existence or inexistence of inflammable walls in the building) and executive procedures (example: treatment of waste and fire ban according to standards) to put on the agenda. Expert opinion about a phenomenon is one of the most widely used indicators in this category.

The method employed in this research is called HQE® standing for French statement “Haute Qualité Environnementale”, which means “high environmental quality”. HQE® includes both an environmental management system and a target of environmental quality of buildings defined by 14 targets. The HQE® is a multi-criteria optimization approach. It aims at achieving healthy and comfortable structures and buildings with highly controlled environmental impacts. The charter of HQE® provides the consideration of the following 14 targets for better environmental quality of buildings:

- The eco-construction targets(1-3): “harmonious relationship between buildings and their immediate environment”, “integrated choice of construction products and processes”, “low nuisance construction site”.

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- The eco-management targets (4-7): “energy management”, “water management”, “waste Management”, “care and maintenance”.
- Targets of comfort (8-11): “hydrothermal comfort”, “acoustic comfort”, “visual comfort” and “olfactory comfort”.
- The health targets (12-14): “health conditions”, “air quality”, “water quality”.

Two principles underlie the HQE® approach:
1. The construction, maintenance and use of any building induce an impact on the environment. Therefore, the HQE® will try to reduce or compensate the overall cost, for maximum performance.
2. The principle of targets: it is linked to the quality process, if the target is reached in the field; the relative level of performance is equal to that of the best known project at the same time.

Materials and methods
In our method, a three-story apartment in 5th district of Isfahan was chosen as case study, especially because of its similarity to the most common type of residential parcel in Iran (the 60-40 pattern). The mentioned parcel was located between two neighboring divisions with the same number of stories and the same rate of land occupation. The area of the built land was about 200 m² and the structure was armed concrete. Some of the construction codes of this building were affected by the particular socio-cultural aspects of Isfahan, not necessarily common in all cities of country. According to the regulation of vis-à-vis in Isfahan, just the south side of each building has the right to have a street view; therefore, despite the proximity of our case study to a beautiful park, it had been deprived of having a view of it. Thus, the height intended for the edge of the fuselage windows overlooking the street (North Side) was considered 175 cm. The residents actually have a proper perspective of natural view looking out through two important living spaces, kitchen and one of the bedrooms. Regulations related to privacy (vis-à-vis) can be mentioned as such regulations, according to which one of two apartments located face to face, has the rights of visual access to the landscape in the middle of two buildings. To solve the problem of light, the inferior part of window’s framework is installed at least at 175 cm from finished building floor and this could be very inconvenient. The majority of construction materials were masonry and concerning energy consumption (heating and cooling), the efforts were negligible. According to the HQE® method, the 14 objectives were categorized into four following groups where the first two categories were related to the exterior forces (opportunities and treats) and the last two ones, to the interior factors (strengths and weaknesses) (Table 1).

Table 1: Classification of objectives according to HQE®

<table>
<thead>
<tr>
<th>Related to the exterior forces</th>
<th>Ecological construction</th>
<th></th>
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<tbody>
<tr>
<td></td>
<td>1. Harmonious relationship buildings/ immediate environment</td>
<td></td>
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<tr>
<td></td>
<td>2. Integrated choice of construction methods and materials</td>
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<td></td>
<td>3. The avoidance of nuisance by the construction site</td>
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<td></td>
<td>4. Minimizing energy use</td>
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<td>5. Minimizing water use</td>
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<td>6. Minimizing waste in operations</td>
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<td></td>
<td>7. Minimizing building maintenance and repair</td>
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<tr>
<td>Related to the interior forces</td>
<td>Comfort</td>
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<td></td>
<td>8. Hydrothermal control measures</td>
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<td></td>
<td>9. Acoustic control measures</td>
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<td></td>
<td>10. Visual attractiveness</td>
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<td>11. Measures to control smells</td>
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<td></td>
<td>12. Hygiene &amp; cleanliness of the indoor spaces</td>
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<td>13. Air quality controls</td>
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<td></td>
<td>14. Water quality controls</td>
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</table>
These are criteria for evaluation of a building. In general, more than 500 indicators could be constructed. In this paper we have developed a table of 47 indicators based on the first objective (Harmonious relationship between buildings and their immediate environment). The other objectives could be developed according to the same way. In order to have a catholic approach, we have chosen two to four indicators in each objective (which is comparable to criteria in other methods) and so made a table of 40 indicators to evaluate the questioned building. The selection of indicators is done according to accessibility of data (quantity or quality). The next step was quantification of quality indicators in order to compare them with each other, and finally have a general assessment of building. The value of each indicator has varied from 0 to 5. Some units of evaluation like “yes/no” responses were not easy to be compared in the same scale as others. Thus, the value of 0 is considered for “no” response and 5 for “yes” response. The other qualitative responses were transformed to 0-5 numbers in the same way. In the next step, the average of values of each group, categorized according to the 14 objectives was calculated.

Results

After the calculation, the notes have varied from 0 to 3.5 (from 5). The best note (3.5) is recorded for the group 14 (Water quality controls). Three groups of objectives including 3 (The avoidance of nuisance by the construction site), 5 (Minimizing water use) and 8 (Hydrothermal control measures), have obtained the worst score that is zero. Other notes were as shown below:

Group 1 (Harmonious relationship buildings/immediate environment): 0.8
Group 2 (Integrated choice of construction methods and materials): 1.17
Group 4 (Minimizing energy use): 1.75
Group 6 (Minimizing waste in operations): 1
Group 7 (Minimizing building maintenance and repair): 2.33
Group 9 (Acoustic control measures): 0.5
Group 10 (Visual attractiveness): 2.67
Group 11 (Measures to control smells): 2
Group 12 (Hygiene & cleanliness of the indoor spaces): 2.5
Group 13 (Air quality controls): 2

For evaluating this building, 5 levels of performance are defined. These levels from the worst to the best are as below:

1. Alert (0 - 0.99 point); 2. Undesirable (1–1.99 points); 3. Passable (2 – 2.99 points); 4. Agreeable (3 – 3.99 points); 5. Ideal (4 – 5 points).

The above mentioned groups have been classified in these categories to help better understanding of the situation.

Discussion and Conclusion

According to the results of the present research, this case study (a typical 40-60, residential pattern in Iran) has real problems with 3 groups of indicators. Since groups 1 and 9 are also classified in the “alert” group, modification of aspects related to these indicators should be taken into consideration. Some aspects such as using solar passive energy, separating natural gas, water counters, water recycling, waste separation, humidity control system, using thermostat for heating, anti-leakage system and double glazed windows had been completely neglected. Efforts concerning noise reduction and visual pollution during construction should have been made. In general the average value of all 14 groups of objectives was 1.5/5. In general, according to the defined indicators, the building is evaluated under average level. It should be noted that the more the indicators, the more the results are confident. Therefore, the next step would be the development of a complete system of indicators which could result in a more detailed and exact evaluation.

Key words
Sustainable Development, Indicator, Assessment, Evaluation, HQE®

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