Health is a vital concept in human life and always the Human being shares some aspects of both animals and angels; while the greatest commonality of human and animals lies in physical and mundane features, wisdom is what human and angels have in common.

Although medical sciences have made considering similarities between human and animal inevitable in order to conduct experimentations and research, addressing this aspect of human being can divert attention from his spiritual dimensions.

Once we take a heavenly look at human moving away from his worldly dimension, we ascertain that human beings and angels have also commonalities which have been manifested in spirituality. This is what literally guarantees spiritual health.

This is also been highlighted in the holy Quran according which the mundane world lacks the capability of its management and discretion. The Quran explains that the world beyond this earthy world is the center of command and discretion, the angels being honorable creatures from the world beyond. (1)

As Ayatollah Javadi Amoli states, a patient is a human being in the first place; a human whose recognition leads to knowing God. Human has a body which is shared by animals and a soul shared by angels. In medical issues, the commonalities between humans and angels pointed out in the Qur'an should be taken into account (2)

The holy Quran as well as the lives of the prophet Mohammad (PBUH) and our Imams (PBUH) along with that of pure believers are replete with such examples for further contemplation and research. Therefore, recognizing these commonalities and moving toward them will be in order. If done correctly, we will learn the truth, adding a beautiful unique aspect to our lives. Knowing God illuminates the souls and spirits of humans. (3)

Undoubtedly, this is the lost chain of the contemporary world in which despite all the earthly benefits, human being is desperate and anxious. I we take meticulous look at our surroundings, we will find angel-mannered people who risk their lives to keep others healthy. The onus is on us to appreciate what they have taken on. (4)