Hypersensitivity and cross-reactivity to cisplatin and carboplatin

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Abstract
Cisplatin was the first of the platinum drugs. Second-generation platinum derivative was carboplatin that its efficacy in the treatment of many malignancies is equal to cisplatin, and its toxicity profile is more favorable. Here we report on a 50-year-old woman with a history of cervix cancer who developed a severe hypersensitivity reaction (HSR) to carboplatin. She was admitted to the emergency department (ED) with shortness of breath, tachypnea, restless, agitation, and lethargy. On arrival, the patient was hemodynamically unstable; we initiated treatment immediately with hydration, oxygen therapy with mask, hydrocortisone, midazolam, and adrenalin. After 1 hour, BP and O2 sat improved to 100/70 mm Hg and 92% respectively, but there was not any significant improvement in tachycardia as well as tachypnea and she was still lethargic and agitated. Her symptoms improved gradually after 18 hours of admission. She was discharged after 36 hours. HSRs to cisplatin and carboplatin can be potentially life-threatening. The symptoms can range from a mild rash to severe anaphylaxis. Doctors should be aware of these reactions, determine appropriate treatment, and know the cross-reactivity among these drugs.

Keywords: Cisplatin, Carboplatin, Cross-reactivity, Cancer, Anaphylaxis

Introduction
Platinum-based compounds were first synthesized in the nineteenth century and their clinical use against cancer started in the 1970s (1,2). These drugs have been approved for the treatment of numerous malignancies, such as ovarian, primary peritoneal carcinoma, bladder, head and neck, colorectal, pancreatic, esophageal, gastric, testicular, endometrial, biliary tract, lung cancer, and mesothelioma (3). Cisplatin was the first of the platinum drugs to be used (1). Second-generation platinum derivative carboplatin differs from cisplatin in the substitution of 2 chlorides. Its efficacy in the treatment of many of the above malignancies is equal to that of cisplatin, and its toxicity profile is more favorable. Therefore, carboplatin has often been used in place of cisplatin (4,5). Cisplatin has some toxicity and adverse effects such as nausea, vomiting, anorexia, diarrhea, constipation, tinnitus, taste alteration, alopecia, hypocalcaemia, nephrotoxicity, and peripheral neurotoxicity (6,7). Several side effects of cisplatin such as hypersensitivity and electrolyte disturbance are uncommon (8,9). Hypersensitivity reactions (HSRs) in patients receiving cisplatin was first described in the 1970s in patients who had been retreated with this drug (10). Extensive use of platinum compounds in chemotherapy during the last decade has led to a significant increase in the incidence of HSRs. Hypersensitivity to carboplatin is rarely observed during the first course of treatment (11,12). During the first five cycles, the overall risk is less than 1% and it rises sharply to 6.5% with the sixth cycle and has been reported as high as 27% in patients receiving more than seven cycles of treatment (13,14). The incidence of cisplatin hypersensitivity exhibits similar characteristics to those observed with carboplatin. It seems to range from 5% to 20% and increases with concomitant radiation (11).

Case report
A 50-year-old female was admitted to the emergency department (ED) with shortness of breath, tachypnea, restless, agitation, and lethargy. She had a history of cervix cancer during the past 2 months and had undergone total hysterectomy and chemotherapy. She was treated with carboplatin and taxol for the first cycle. Unfortunately,
she experienced severe HSR during infusion of carboplatin. This reaction occurred during one fifth of the way through a 700-mg carboplatin infusion. The palpitation and short of breath was controlled with 200 mg intravenous hydrocortisone. Therefore, in the second cycle, carboplatin changed to cisplatin, and hydrocortisone 100 mg IV, cimetidine 200 mg IV and chlorpheniramine 1M were injected before administration. However, she experienced severe HSR again with hypotension, palpitation, and shortness of breath during administration of cisplatin. This reaction occurred during one half of the way through a cisplatin. She referred to us immediately. On arrival, the patient was hemodynamically unstable. Oral temperature was 36.3°C, pulse rate 152 beats per minute with a normal rhythm, blood pressure 90/60 mm Hg, and his respiratory rate was 26 breaths per minute with no abnormal breath sounds. The initial oxygen saturation was 75% (in room air). She was confused and somnolent with apparent respiratory distress. A 12-lead electrocardiogram revealed sinus tachycardia at a rate of 152 bpm, a complete blood count was normal except for a mildly elevated white blood cell count of 11.6-103/mL (11.6-109/L), hemoglobin 11.2 g/dl. His serum blood urea nitrogen, creatinine, creatinine kinase, and liver function tests were normal. Coagulation studies, including a prothrombin time and activated partial thromboplastin time, were normal. Serum glucose was 110 mg/dl. There was respiratory alkalosis in arterial blood gases analysis. We initiated treatment immediately with hydration (normal saline 1 L in 1 hour), O2 7 L/min with mask, hydrocortisone 200 mg and midazolam 2 mg IV slowly and adrenalin 0.4 mg (1:1000) IM. After 1 hour, BP and O2 sat improved to 100/70 mm Hg and 92% respectively, but there was not any significant improvement in sinus tachycardia as well as tachypnea and she was still lethargic and agitated. After 3 hours with regard to any improvement in the level of consciousness, brain computed tomography (CT) scan was performed and due to doubtful hyperdense lesion, brain magnetic resonance imaging (MRI) was performed too in which it was normal. Her symptoms improved gradually after 18 hours of admission and became normal after 24 hours. The patient was observed for 36 hours and discharged after oncology consultation for outpatient follow-up.

Discussion

HSRs have been reported to carboplatin too. Carboplatin has a black box warning: “Anaphylactic-like reactions may occur within minutes of administration. Epinephrine, corticosteroids, and antihistamines may alleviate symptoms.” Several reports have indicated switching to cisplatin without the complications of a HSR (15). Cisplatin also has a black box warning: “Anaphylactic-like reactions have occurred. Facial edema, bronchoconstriction, tachycardia, and hypotension may occur within minutes of cisplatin administration. Epinephrine, corticosteroids, and antihistamines have been effectively employed to alleviate symptoms (16). Although hypersensitivity to cisplatin has been reported to occur in 1% to 20% of patients, carboplatin has rarely been implicated as a cause of HSRs (17,18). Platinum hypersensitivity symptoms may develop acutely during infusion or within minutes, hours, or days after the infusion, in patients receiving carboplatin, the number of prior platinum treatments and total lifetime exposure is associated with the possibility of hypersensitivity (12). We believe there was a hypersensitivity and cross-reactivity to both carboplatin and cisplatin in this case, although some studies have reported safely administration of cisplatin in patients with a history of carboplatin-allergic reactions (19-21). Successful replacement of carboplatin by cisplatin has been demonstrated in women with gynecological malignancies but the true incidence of cross-reactivity between platinum salts is not yet known. The possibility of developing a reaction to the platinum group agent may be as high as 25% and cases of fatal cisplatin reactions after carboplatin hypersensitivity have been reported (20,22). Kook et al (13) in 1998 reported on an 8-year-old girl with life-threatening carboplatin hypersensitivity during conditioning for autologous peripheral blood stem cell (PBSC) transplantation. Five minutes after starting the infusion when a total of about 10 mg of carboplatin had been administered, she suddenly developed tachycardia, chest tightness, cyanosis, vomiting, cough, hemoptysis, and hypotension. The infusion was immediately interrupted and she was resuscitated with oxygenation, fluid therapy, steroids, and antihistaminic. The chest x-ray, showing bilateral, widespread pulmonary infiltrates along with hemoptysis, suggested diffuse pulmonary hemorrhage, echocardiogram showed reduced cardiac contractility with wall dyskinesia, she was further treated with l-carnitine. Five days after the episodes, follow-up echocardiography disclosed normalization of cardiac contractility. One week later, she was readmitted to undergo PBSC transplantation. Skin test to carboplatin was negative. The same conditioning regimen was used. Carboplatin was administered successfully after premedication with an oral dose of diphenhydramine 50 mg and 3 doses of prednisolone 25 mg, 13, 7 and 1 hour beforehand (13). Shlebak et al (23) in 1995 reported a 49-year-old woman with relapsing ovarian cancer who developed a HSR to carboplatin and, subsequently, to cisplatin. This patient was known to be allergic to co-amoxiclav and tetracycline, both giving rise to a transient macular skin rash, but had no other history of atopy. They concluded that hypersensitivity to carboplatin, switching to cisplatin-containing cytostatic regimens was tolerated well in most, but not in all patients. Windom et al (24) in 1992 reported a case of successful retreatment with carboplatin after desensitization in a patient with ovarian adenocarcinoma. Abe et al (25) in 2010 reported 3 cases of HSRs to platinum-based chemotherapy drugs that required platinum readministration. Two patients (case 1 and 2) were treated with the desensitization protocol successfully without developing heart rate (HR) during the
subsequent 3 courses. These cases show the usefulness and effectiveness of the desensitization protocol for the continuation of platinum treatment in patients who have undergone an extended number of treatments.

**Conclusion**

HSRs to cisplatin and carboplatin can be a potentially life-threatening complication. These reactions have been increased due to the growing use of these agents in chemotherapy. The symptoms can range from a mild rash to severe anaphylaxis. Doctors should be aware of these reactions, determine appropriate treatment, and know the cross-reactivity among these drugs. Desensitization and skin testing can be helpful to avoid life-threatening accidents.

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**Ethical issues**

Confidentiality of patient information was maintained.

**Authors’ contributions**

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