Management of Dysrhythmia in Emergency Department

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To the Editor:

In volume 2, No. 3 (2014) of this journal an interesting case report, describing a patient with atrial fibrillation (AF) and Wolff-Parkinson-White syndrome (WPW), was published (1). As the respective authors described, the patient was a 23-year-old man who had palpitation, on the Electrocardiograph (ECG), which was provided, we saw irregular monomorphic wide complex tachycardia with a heart rate of about 150 per minute. The patient was treated with digoxin and consequently developed severe lehargy, weakness, sweating and bradycardia. Post treatment ECG showed normal sinus rhythm (heart rate about 60) and obvious signs of WPW syndrome (short PR interval, initial delta waves and wide QRS). Based on post treatment ECG and response to procaainamide, the authors concluded that administering digoxin in this patient was wrong and had resulted in the patient's symptoms. I would like to share my points of view on this case with your respective readers:

1. Signs suggesting concurrence of AF and WPW on ECG are rapid ventricular rate (too rapid for conduction through atrioventricular (AV) node; more than 180-200 in most literature) and wide bizarre polymorphic QRS complexes (resulting from either varying fusions of impulses conducted through accessory pathway and AV node or existence of multiple APs) (2-5). Based on his pretreatment ECG, the patient did not have any of the two mentioned criteria (he had monomorphic wide complex irregular tachycardia with a heart rate of about 150). To this date, no guideline has recommended assuming any case of AF with widened QRS as WPW concurrency. As the patient did not show any signs suggesting WPW, using digoxin was not wrong based on ECG findings (despite the fact that if the physician knew about his WPW digoxin administration was surely wrong). Therefore, it seems that symptoms that developed post digoxin administration were not related to the patient's rhythm or baseline WPW syndrome.

2. Based on 2014 AHA/ACC guideline for the management of patients with AF, intravenous procaainamide or ibutilide are drugs of choice in patients with AF and WPW. Intravenous amiodarone is contraindicated in AF and WPW concurrency, just like adenosine, digoxin, or nondihydropyridine calcium channel antagonists (6).

References: