The First Case of Microsporum persicolor Infection in Iran

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ABSTRACT

We report the first case of Microsporum persicolor being isolated from an Iranian patient. An 8-year-old girl was examined for tinea corporis. Microscopic examination of the skin scraping performed using 15% KOH revealed hyaline septate branching mycelium and arthroconidia. Cultures of the clinical material yielded M. persicolor after 2 weeks of incubation. The isolate was identified on the basis of gross morphological characteristics of the fungal colony on Mycobiotic agar and peptone agar, microscopic characterization of slide culture, and biochemical reactions.

Implication for health policy/practice/research/medical education:
Microsporum persicolor can be causative agent of tinea corporis and This is the first report of M. persicolor as the causative agent of dermatophytosis in Iran.

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1. Introduction

Microsporum persicolor is a zoophilic dermatophyte and is seldom reported as the causative agent of human infections (1). Most often, the fungus has been found in small wild mammals such as bank and field voles, wood mice, shrews, pipistrelle bats, horses, and dogs (1-4). M. persicolor is prevalent mainly in Europe and has been isolated from soil in Bulgaria, India, and South Africa (4). This species was classified as Trichophyton persicolor by Sabouraud, who had detected its presence in 2 human dermatomycosis cases (4, 5). Since Sabouraud discovered it, M. persicolor has been considered a rare cause of human ringworm in several countries. The spectrum of human involvement includes tinea capitis, tinea pedis, tinea corporis and tinea faciei (4-6). There is no report of the isolation of M. persicolor from human infection in Iran and this is the first report of M. persicolor as the causative agent of ringworm infection in Iran, Mashhad.

2. Case History

An 8-year-old girl with tinea corporis was referred to the Medical Mycology Laboratory of Imam Reza Hospital, Mashhad University of Medical Sciences. The patient had a lesion in the left region of the abdomen (Figure 1). After physical examination, the clinical signs and symptoms were recorded, and samples of skin scrapings were collected from the periphery of the affected area. Direct microscopic examination was carried out using 15% KOH preparations. Specimens were cultured on Sabouraud dextrose agar (Merck, Germany) with chloramphenicol, Mycobiotic agar (Difco, USA), and Dermatophyte Test Medium (Merck, Germany). These cultures were incubated at 25-30°C for 4 weeks under aerobic conditions and checked every 2-3 days for the appear-

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ance of colonies. These colonies were subcultured in fresh Mycobiotic agar to avoid any contamination. The cultures were identified on the basis of their macro and microscopic characteristics, hair perforation test, urease test, and growth on peptone agar (Merck, Germany). Hyaline septate branching mycelium and arthroconidia were observed during direct examination of skin samples. Colonies grown on Mycobiotic agar were 35–40 mm in diameter after 2 weeks of incubation. Initially, the colonies were white, but on aging, turned yellowish buff to pale pink on the surface and yellowish to peach on the reverse. The colonies were fluffy, flat, and gently folded in center (Figure 2 and Figure 3). Cultures on peptone agar developed a deeper rose-pink pigmentation. Microscopic examination revealed numerous micro and macroconidia. Microconidia appeared smooth, thin walled, spherical, borne en grappe, and en thyrse. Macroconidia often appeared spindle-shaped and thin walled with 5–8 cells and had echinulated walls. In addition, numerous spiral and coiled hyphae were observed (Figure 4). Urease test was also positive for this organism. Finally, the fungus was identified as *M. persicolor*.
3. Discussion

Tinea corporis is a dermatophyte infection of the glabrous skin, and this infection is most commonly caused by the genera *Trichophyton* and *Microsporum* (1). Tinea corporis is one of the most common forms of dermatophytosis (7-12). This infection occurs in all age groups, but more predominant between 0-15 and 20-29 years (7, 13). This disease is common in both sexes, but several studies report that females are more frequently affected than males (7, 13, 14). The causative agents of tinea corporis vary according to the geographic region. *T. mentagrophytes* is reported as a chief causative agent of tinea corporis in Iran; other causative agents include the dermatophytes *M. canis*, *T. verrucosum*, *Epidemiphophyton floccosum*, *T. violaceum*, *T. tonsurans*, *M. gypseum*, and *T. rubrum* (7, 12, 14, 15).

*M. persicolor* is a zoophilic dermatophyte and it frequently causes skin infections in humans (5). This species was originally described by Sabouraud as *T. persicolor* (4) and was later classified by Ajello as *M. persicolor* (16). The human lesions caused by *M. persicolor* have a similar appearance to those seen in cases of tinea corporis caused by other zoophilic dermatophytes (4). Infections are acquired primarily through exposure to small rodents (2, 3, 6). The patient’s history showed that she had a pet cat, which probably was the source of infection. Few cases of dermatophytosis caused by *M. persicolor* have been documented worldwide (4-6). There are no previous records of infections caused by *M. persicolor* in Iran, except for a case described by Sabouraud as *T. persicolor* (16). The causative agent of tinea corporis is frequently confused with *T. mentagrophytes* and *T. violaceum* (18). This scarcity of reports might be because *M. persicolor* is a zoophilic dermatophyte and it infrequently causes skin infections in humans (5). This species is identified as the latter. Thus, a method for definitive identification is necessary for differentiating *M. persicolor* from *T. mentagrophytes*. In conclusion, *M. persicolor* infection is reported for the first time in Iran ( Mashhad).

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